How to use a toilet





General Information:

The toilet is made up of a bone china toilet bowl and is used for urinating and defecating

On the toilet bowl you can find a toilet seat, which provides you a place to sit while using the toilet. The flushing mechanism is attached to the wall or to the tank, where it can be easily seen. Push the toilet handle or button each time after using the toilet. To ensure that the toilet bowl is clean, use the toilet brush.

Instructions:

Always <u>sit down</u> on the toilet seat while using the toilet. When finished, use the provided toilet paper to clean the anus. You can wipe your buttocks clean, starting from the back or the other way round.

The cleaning procedure has to be repeated till 5 layers of toilet paper are clean. Throw the toilet paper into the toilet bowl before flushing. Then flush the toilet. Stand up again and scrub the toilet bowl with the toilet brush. Ensure that the toilet bowl is clean.

Cleaning your hands:

After using the toilet, wash your hands thoroughly with soap and running water, and dry them afterwards.

Note that if you have a gastric disease you ought to disinfect your hands in addition.



Important!!!

